

2011 SC FOOTBALL CAMP

Directed by:
Coach Eric Patton – Head Football Coach
and the SC Football Staff
(949) 498-6246



CAMP GOALS:

- To increase strength, speed, agility and athleticism
- To develop football skills and schemes
- To develop team unity and sportsmanship

The SC Football Camp is a summer football program that is intended to prepare high school aged players to play football. It consists of four parts:

1. WEIGHT LIFTING INSTRUCTION
2. FOOTBALL CONDITIONING, SKILLS, AND SCHEME INSTRUCTION
3. FOOTBALL PRACTICE WITH VARSITY COACHES AT ALL LEVELS
4. PASSING LEAGUE COMPETITION (offered at SCHS and at opponents' sites).

HOW TO ENROLL:

Go to Capistrano Unified School District site - www.cusd-ace.org

Go to middle of page and click on "register here" for classes for children and adults

You are now on course selection page

Find and Click on [San Clemente HS Athletic & Youth Camps](#) on left

List will appear on right of all camps at San Clemente High School

- Complete the online application in full.
- AND Mail this application and check or money order for MATERIAL FEES (Payable to SC Football Camp) to:

SC FOOTBALL CAMP (C/O COACH ERIC PATTON)
23732 SAN ESTEBAN
MISSION VIEJO, CA 92691

SC FOOTBALL CAMP IS NOT A CUSD SPONSORED ACTIVITY.
SC FOOTBALL CAMP IS NOT A PREREQUISITE FOR PLAYING SCHS FOOTBALL.
NOT PRINTED AT CUSD EXPENSE.

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SC FOOTBALL CAMP is scheduled not to interfere with Capistrano Unified School District Summer School. Academic goals should always be a priority and participation in athletics should never take precedence over academics.

WHEN:

VARSETY / SOPHOMORE / INCOMING FRESHMEN:

July 5th – July 29th

**MON / TUES / WED / THUR Varsity & Sophomores 8:00 – 10:30 AM
5:00 – 7:00 PM**

MON / TUES / WED / THUR Incoming Freshmen 4:30 – 7:00 PM

(NOTE – PASSING LEAGUE STARTS AT 5:00 PM) (Times may be extended)

June 24th – Golf Tournament – see www.tritonfootball.com for details!

TRITON TOUCHDOWN CLUB PARENT MEETING – AN INFORMATIONAL MEETING FOR ALL INTERESTED FOOTBALL PARENTS WILL BE HELD ON WEDNESDAY, APRIL 13, 2011 IN THE UPPER CAMPUS MULTIPURPOSE ROOM SEE WEBSITE FOR TIME.

Summer Dead Period is from June 13th through July 4th for all levels. Weight training and conditioning only – NO Football practice is permitted during this time. Note: There is a 12 day break from July 30 to August 11 for family vacations in addition to the dead period from June 13 to July 4.

FALL FOOTBALL PRACTICE START ON AUGUST 11, 2011

ALL PLAYERS REPORT AT 9:00 AM. The uniform will be summer camp gear.

PLAYERS MUST COMPLETE A REGISTRATION PACKET, INCLUDING A PHYSICAL, OBTAINED FROM THE ATHLETIC DIRECTOR – JON HAMRO, AT SAN CLEMENTE HIGH SCHOOL. A PHYSICAL WILL BE OFFERED BY SCHS ON **MAY 14TH** - SEE THE WEBSITE FOR INFO: www.tritonfootball.com

WHERE:

Camp activities will be conducted at the San Clemente High School weight room and the football fields. Passing League Games will be at SCHS and other sites.

REQUIRED GEAR:

All players should be equipped with a spirit pack, football shoes, and flat-bottomed work out shoes. The spirit pack is offered online at the Triton Football website: www.tritonfootball.com Football shoes should be the uniform shoe available at SCHS at a discounted team price.

SC Football Camp Application
&
MATERIAL Fees

MAKE MATERIAL FEES CHECK PAYABLE TO: **SC FOOTBALL CAMP**

ALL PLAYERS (PAYABLE ONLINE)\$225.00
Material Fees (Payable directly to SC Football Camp)\$50.00

ONLINE REGISTRATION (DUE BY 6/30/11 for all players and incoming frosh):

Fill out the app and mail with a \$50 check to: SC FOOTBALL CAMP (attn: Eric Patton)
(Or bring with you to the first meeting for frosh.) 23732 SAN ESTEBAN, MISSION VIEJO, CA 92691

PLEASE PRINT:

Athlete's Name: _____

Parent or Guardian's Name: _____

Address: _____

City: ___San Clemente_____ Zip: 926 ___ EMAIL: _____

Home phone: _____ Day phone: _____

EMERGENCY CONTACT: _____ PHONE: _____

MEDICAL INSURANCE COMPANY: _____ Policy number: _____

Do you need to purchase medical insurance? Yes _____ No _____

In consideration of your accepting this registration, I hereby indemnify and hold harmless the Capistrano Unified School District and any of its officers, agents or employees from any liability or claim or action for damages resulting from or in any way arising out of the participation in this program by the person registered.

PARENT OR GUARDIAN SIGNATURE: _____ DATE: _____

Proof of insurance is required with registration form.

SC Football Camp is not required for SCHS football participation.
SC Football Camp is not a CUSD sponsored activity. Not printed at CUSD expense.

ADDITIONAL INFORMATION IS AT <http://www.tritonfootball.com>

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DIRECTED BY COACH ERIC PATTON

Head Varsity Football Coach

San Clemente High School

&

THE SC FOOTBALL STAFF

Joe Wood Running Backs
Jon Hamro Offensive Line
Kem Lawyer Offensive Line
Troy Kopp Off Coord/QB's
Ken Goldstone Defensive Backs

Dwight McKenna Outside Linebackers
Jeff Veeder Inside Linebackers
Chris Culbertson Kicking
Don Jacobsen Long Snappers
and the Freshman and Sophomore Football Staff